

CAMP OVERVIEW

The Creighton Softball coaching staff would like to invite you to our **2010 Summer Softball Camps**. These camps provide an opportunity for players of all ages to learn and develop their skills under the personal attention of the Bluejay Softball Staff. Fundamentals will be emphasized through individual and group instruction combined with drill work to help each player become the best she can be.

Ages 8-13

Junior Jays Pitching Camp **\$45**

June 16th 9:00 – 11:30 a.m.

Instruction will focus on teaching proper method of warm-up and stretch mechanics as well as emphasis on correct delivery and pitching grips. Pitching stations will offer participants the opportunity to improve upon newly acquired skills and information. Campers should provide their own catcher.

Junior Jays Hitting Camp **\$45**

June 17th 9:00 – 11:30 a.m.

Instruction will focus on teaching players the proper swing mechanics to promote bat speed and consistency at the plate. Each player will go through a variety of supervised hitting stations to reinforce concepts being taught.

Junior Jays Fundamental Camp **\$45**

June 17th 1 – 3:30 p.m.

Camp includes proper method of warm-up with strong emphasis on throwing and receiving fundamentals. Fielding mechanics, and base running will all be addressed through extensive drill work.

Ages 14 & up

Senior Jays Hitting 1- Fundamentals **\$45**

June 14th 9:00 – 11:30 a.m.

Instruction will focus on the proper swing mechanics to promote increased bat speed and consistency at the plate. Each player will go through a variety of supervised hitting stations to reinforce concepts being taught.

Senior Jays Hitting 2-Slapping/Short Game **\$45**

June 14th 1-3:30 p.m.

Camp includes right and left hand slapping and short game fundamentals. Situational bunting including sacrifice, surprise, triple bunt, and squeeze, and slapping will be taught through drill work, machine work, and live arm.

Senior Jays Defense 1- Fundamentals **\$45**

June 15th 9 – 11:30 a.m.

Camp includes proper method of warm-up with strong emphasis on throwing and receiving fundamentals. Fielding mechanics and base running will all be addressed through extensive and more challenging drill work.

Senior Jays Defense 2- Positional Play **\$45**

June 15th 1-3:30 p.m.

Instruction will focus on positional specific techniques. Players will be divided so outfield, infield corner & middle, pitcher, and catcher mechanics can be addressed. In addition, situational instruction will be incorporated.

Senior Jays Pitching Camp **\$45**

June 16th 1 – 3:30 p.m.

Instruction will focus on teaching proper method of warm-up and stretch mechanics as well as emphasis on correct delivery and pitching grips. Specific pitches will be addressed individually. Additionally, the mental aspects of pitching will be specifically addressed for this age group. Campers should provide their own catcher.

Application for enrollment *(please print)*

Name _____ Age and Grade (Fall '09) _____

Address _____

City/State/Zip _____

Parents Name _____

Home Phone _____

Cell Phone _____

Email Address _____

Insurance Company _____

Policy Holder & Number _____

*Creighton University cannot be responsible for injuries sustained at camp. **All campers must carry their own insurance and parents or legal guardians must sign below in understanding and compliance with this policy.***

Parent's Signature

Check the appropriate boxes:

Hitting \$45

- Sr. Jays Hitting 1* June 14th 9 – 11:30 a.m.
 Sr. Jays Hitting 2* June 14th 1 – 3:30 p.m.
 Jr. Jays (Ages 8–13) June 17th 9 – 11:30 a.m.

Defense \$45

- Sr. Jays Defense 1* June 15th 9 – 11:30 a.m.
 Sr. Jays Defense 2* June 15th 1 – 3:30 p.m.
 Jr. Jays (Ages 8-13) June 17th 1 – 3:30 p.m.

Pitching \$45

- Jr. Jays (Ages 8-13) June 16th 9 – 11:30 a.m.
 Sr. Jays* June 16th 1 – 3:30 p.m.

* Open to Ages 14 & Up

T-Shirt Size (circle one): YM YL S M L XL

Send Application and fee to:

**Softball Camp
 Creighton Athletics
 2500 California Plaza
 Omaha, NE 68178**

Make check payable to
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Creighton Softball Camp

GENERAL INFORMATION

FACILITIES: Creighton's indoor hitting facility located in the Kitty Gaughan Pavilion adjacent to the baseball and softball fields located on 23rd and Burt will be the site of the hitting camps. The softball field will serve as the site of the fundamental and pitching camps. Lunch will NOT be provided; however, campers can bring their lunch and dine in the Kitty Gaughan Pavilion in between camps.

EQUIPMENT: Campers should bring their own bat for the hitting camps, and glove for the fundamental and pitching camps along with comfortable workout attire. All pitchers must provide their own catcher for the pitching clinics. You can wear tennis shoes in all of our indoor facilities, and cleats are recommended for all defensive and pitching camps.

HEALTH CARE: All campers must carry their own insurance. Creighton Softball Camp and Creighton University cannot be responsible for injuries sustained at the camp.

REGISTRATION: All campers must have a registration and parental consent form on file prior to participating. Registration will take place in the **Kitty Gaughan Pavilion** for all camps. Each camper will receive a Creighton Softball T-shirt! (one shirt per camper for the week)

***Please reserve your spot via mail, phone or e-mail by **June 2st**.*

REGISTER ON-LINE FOR CAMP!!!!
www.creightonsoftballcamps.com

REFUND POLICY: Notification must be received at least 1 week prior to the first day of camp for 100% refund of the camp registration. A 50% refund will be given for notification received between June 8th-13th. Notification June 14th or after will not be refunded.

QUESTIONS: Call (402) 280-5806 or email: abbyjohnson@creighton.edu

CAMP INSTRUCTORS

Brent Vigness **Head Coach**

Brent Vigness is in his 17th season as the head coach of the Creighton Softball Team. The 1998, 2007, and 2008 MVC Coach of the Year has guided the Bluejays to six regular season conference titles, and 1999, 2003, 2004, 2005 and 2007 MVC Tournament titles as well as births to the NCAA Regional Tournament. In 2005, the Bluejays compiled a 44-13 record, making their third straight NCAA Tournament appearance. After a slight rebuilding year, the Bluejays compiled two straight 40+ wins season in 2007 and 2008, earning 1 MVC Tournament Championship and 3 straight Regular Season Championships from 2007-2009 as well as five NCAA Regional Tournament births in the last seven years.

Under Vigness, the Bluejay softball team has been the winningest team in the Missouri Valley Conference over the past eight seasons. In 2005, the Bluejays broke records in RBI's (career), most strikeouts (career), most wins (season and career), and starts (season). In addition, the Bluejays tied for most consecutive conference tournament championships with three. In 2007, the Bluejays again broke records in team and individual homeruns (season).

Abby Johnson **Assistant Coach**

Abby Johnson, an Omaha native, is in her fifth year as an assistant coach after a prolific career as a Bluejay. Johnson was a four year starter at pitcher, first base and designated hitter receiving All-MVC honors each year, and was named to the MVC All-Centennial Team in 2007. The 2004 Women's Major All-American and 2005 MVC Player of the Year is found in numerous offensive and pitching categories in the CU record books. She works primarily with pitchers, catchers, and outfielders.

Kate Petullo **Assistant Coach**

Kate Petullo is in her second year as an assistant coach after playing her college career here at Creighton. Throughout her four years as a Bluejay, Petullo made a strong impact on the bases, which culminated her senior season when she led the Jays in stolen bases. After graduating in 2007 with a degree in sociology, she went on to work as an assistant softball coach at Millard West High School here in Omaha. She works primarily with outfielders.

2010 CREIGHTON SUMMER SOFTBALL CAMPS



June 14th-June 17th

**Offense, Defense, and
Pitching**

For more information:
www.gocreighton.com

or
www.creightonsoftballcamps.com